



MINI CAMPS

Infield, Hitting, Pitching/Catching, Speed & Agility

➤ Infield Mini Camp

September 3 – 4, 2005

University of MD Baltimore County, Catonsville, MD

Baseball Factory's Infield Mini Camp aims to take players' defensive game to the next level. The low player-to-coach ratio will get players the reps and individualized instruction they need to improve fielding techniques.

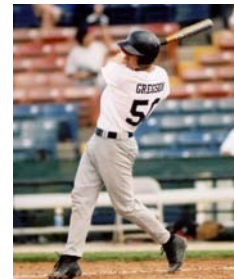


➤ Hitting Mini Camp

September 10 – 11, 2005 or November 19 – 20, 2005

Baseball Factory Headquarters, Columbia, MD

Baseball Factory's Hitting Mini Camp gives players the opportunity to improve their offensive ability through numerous drills and extensive analysis of their swing.



➤ Pitching/Catching Mini Camp

September 24 – 25, 2005

University of MD Baltimore County, Catonsville, MD

This camp will help pitchers to refine their mechanics, hold runners and increase velocity while learning arm maintenance, how to throw breaking balls, and how to carry out pick-offs. Through a series of specialized drills, catchers will master framing techniques, blocking skills, mechanics for throwing out base-stealers and the mental approach to calling pitches.



➤ Speed & Agility Mini Camp

November 12 – 13, 2005

Baseball Factory Headquarters, Columbia, MD

Baseball Factory's Speed and Agility Mini Camp will develop your level of training to give you an edge over the competition. Get faster and stronger through intense conditioning. Our professional staff including Tim Bishop, the Baltimore Orioles Strength and Conditioning Coach, will work with each player to develop a specialized running and weight training program



Baseball Factory's Mini Camps are intense two-day training sessions which allow players to benefit from:

First-class Instruction: Our experienced coaches include professional scouts, former professional players, and former college coaches. Players will benefit from a low player-to-coach ratio. Baseball Factory coaches have the knowledge and experience to help young ballplayers raise their level of play.

Intense Training: Receive numerous repetitions through various drills that will hone players' skills at the plate, on the mound and in the field. Our coaches will teach players the proper mechanics and give you the opportunity to practice those mechanics in order to improve.

